

Event 1

Glasshouse 50 - Sunday May 16th

80km 3am **Postal entries close 10th May
50k 6am On-line entries close 5 pm 10th May.
30k 7.30am For longer Ultras see conditions.
11k 9am

(Total field limit 300)

This event is based at Woodford Pool, Petersen Rd. Woodford. The course will cover forest trails and dirt roads with views of several volcanic mountain plugs. A BBQ and swim will follow the event. An early start can be negotiated for 50k & 80k, **particularly walkers.**



Series winners Jeff Rudd and Deb Nicholl

Event 2

Matthew Flinders Tour - Saturday July 24th

50k 7am **Postal entries close 19th July;
24k 9am On-line close 5pm 19th July
10k 10am

(Total field limit 300)

Based at the Beerburrum State School. The Ultra Runner will be running up Mt. Beerburrum. A BBQ will follow the event. An early start can be negotiated for the 50k event and walkers.

Event 3

Glasshouse 100 - Sat 11/Sun 12th September

100 ml 5.30am 11th Start at Beerburrum S.S.
100k 5.30am 11th Start at Beerburrum S.S
50k 6.30am 11th Start at Beerburrum S.S
30k 6.00am 12th Transported to start
12k 8.00am 12th Transported to start

Field limit for 30k and 12k runs is 300.
Limit for Ultras is 100.

**Postal entries close 6th Sept; On-line close 5pm 6th Sept.

NB. Ultra runners need to fill in a medical form and statement of qualification. These are available on request or on our website. Please attach to this entry form or bring on the day.

Costs

*100ml *100km* 80km 50km 24-30km 8-12km
Basic Cost: \$180 \$120 \$90 \$55 \$40 \$35
TRAQ member discount - 10% for all events
School age children \$20

NO LATE ENTRIES

* Close-off dates for 100ml/100km and 80km are 3 weeks prior to the closing date for postal entries (see Important Condition no.5) 100 mile & 100km competitors receive commemorative T shirts & 80km a cap.

BBQ Extras: BBQ fee included in entry cost for runners.

Non runners \$10 pre-book on entry form or pay on the day.

Awards

Medals to top placegetters.

Random draw prizes

Special commemorative mugs (made locally) to all finishers.

Medals for 100 mile; 100k and 80km finishers.

*Polo shirts may be purchased for 100mile and 100km event

How to Enter

Mail Glasshouse Trail
PO Box 1059, Morayfield Qld 4506

Enquiries only Ian Javes: 5495 4334;
Mobile: 0407 045 785

Email enquiries ijaves@caloundra.net

Websites www.runtrails.org
www.glasshousetrails.com.au

Conducted under the auspices of
Trail Running Association of Queensland

Entry Form

Surname

First Name

Sex M F

D.O.B Age (on race day)

Address

Suburb

Town/City

State P/Code

Phone nos (land)

Mobile

Email

Emergency race day contact

Ph

Participant's Agreement signed on the day when race numbers are picked up. (Guardian to sign for competitors under the age of 18 years).

**** One entry form to be filled in per event**

Event selected

Distance

Basic Entry fee \$

TRAQ member discount \$

BBQ Extras (pre-book) \$

Total \$

No. of vegetarians

Cash Cheque Money order

Cheques/money orders payable to:
Trail Running Association of QLD