

## H & H Course Description

The hares and the hounds start from the Woodford Pool in Peterson Rd and proceed to the end of this road where they enter a track that leads them to a forestry road after a 100m or so. Take a left turn up the slight hill for a few hundred metres and then turn right. Entrants now follow marked forestry roads until they reach **checkpoint 7** about 500m from Beerburum- Woodford Rd. The 3 and 4 person relay teams can do their first change where Beerburum-Woodford Rd is crossed ( about 500m past 7 ).

After crossing the road follow the forestry road for about 500m and turn right onto a forestry road that has pine plantations on the right and natural vegetation on the left. Eventually entrants will come out onto Beerburum-Woodford Rd and take a left turn and follow it past the powerlines for a few kilometres until it intersects with Woodford-Lookout Rd which is also gravel and goes to the left. A few hundred metres along here is another relay change point for 3 and 4 person teams but the runners turn left here onto a forestry road and pass through **Checkpoint 6**.

Shortly after passing this checkpoint the road will veer right and go down a steep hill and up another before turning right and following for about 500m then turning left onto a forestry road that will take you down a steep hill under a set of powerlines. There is a good view of Mt Beerwah from here. At the bottom of this hill turn right and follow the undulating forestry road until it meets with Woodford-Lookout Rd. Follow the latter past the Lookout ( another relay change for 3 and 4 person teams can occur here ). Follow the bitumen Lookout road downhill for a few hundred metres and veer right onto a forestry road which will take you to **Checkpoint 4a** which is where this road crosses the bitumen Old Gympie Rd. A relay change for 3 and 4 person teams can occur here.

Keep following the marked forestry roads and eventually you reach 1a ( unmanned ) where you turn left onto Caves Rd. This road will take you to the railway line. You cross under the railway line and turn right past Matthew Flinders Park. Keep on the walking/cycle path between the road and the railway and it will take you to the township of Beerburum as you cross the railway line again. This is **Checkpoint 2** where relay change may occur for both 2 and 4 person teams.

Follow the walking path past the school and the garage until you come to the gravel road which leads up to the car park for Mt Beerburum. Turn right onto this and then left off this after about 50 metres onto a track parallel to Beerburum-Woodford Rd. This track will lead you to Caves Rd after about 3km and turn right to follow Caves Rd to 1a.. Retrace your steps to Checkpoint 7. From here you will follow a different route to get back to the pool.

The **10km** entrants will go to 7 and return by a different route. **5km** entrants do not go as far as 7 but do a left turn at 7c to return to the pool.