

PARTICIPANT'S AGREEMENT – Glasshouse Trail Run,

Dear participant you will be asked to sign a waiver form similar to this on the day of the event this is an example only.

I wish to enter the Glasshouse trail run on _____ which is conducted by TRAQ Inc. I accept the rules, conditions and regulations of the event and will comply with them. I acknowledge that I am responsible for my crew and can be disqualified for their violation of the rules (ultra entrants). I am aware that some of the trails may be extremely difficult and hazardous for even well conditioned athletes under favourable conditions. I am aware that I should not participate in this event unless I am in excellent condition. I am also aware that I may be exposed to physical injury from a number of natural factors and other hazards on the trail, lack of water, communicable diseases, wildlife and to hazards of vehicular traffic and other hazards attendant to running along or across roadways during the event. I understand the fact that I may become injured or incapacitated in a location where it is difficult or impossible for the events management to get required medical aid to me in time to avoid additional physical injury , or even death. Knowing these facts and in consideration of TRAQ accepting this entry , **I hereby for myself , my heirs, executors and administrators, waive, release and discharge** the organisers and any official sponsor entity and the officers, trustees, director, shareholders and/or members , agents and employees of each, all medical and other personnel assisting the event, or any of and any other person connected with this event , their representatives, successors and assigns; **from any and all rights, claims or liability for damage** for any and all injuries to me or my property, or from the damage caused by me or anybody else (including Acts of God), arising out of or in connection with my participation in this event. I further agree that I will defend and indemnify the above released parties against all claims, demands and causes of action or other proceeding brought by or prosecuted for my behalf contrary to this agreement. This release extends to all claims of every kind and nature whatsoever, whether known or unknown.

I further release and discharge the State, Forestry Plantations of Queensland and Department of Environment and Resource Management (including their respective officers, employees and agents) from any claim, demand, action, suit or proceedings arising out my participation in this event.

THE ESSENCE OF THIS RELEASE IS THAT THE TRAIL EVENT PRESENTS UNKNOWN RISKS FOR WHICH I FREELY AND VOLUNTARILY AGREE TO BE SOLELY RESPONSIBLE, IN ORDER TO ENABLE THIS EVENT TO TAKE PLACE AND MY PARTICIPATION IN IT.